EST. 2011

# LIBERTY UNION

BAR AND GRILL

# GLUTEN FREE

## APPETIZERS
*Starting With*

★ **IDAHO LOADED TOTS**
Crispy Tots, House Cheese Sauce, Crumbled Bacon, Scallion, side of Spicy Ranch Sauce **9.5**

**TEX-MEX HUMMUS**
Blended Chickpeas, Southwest Seasoning, Grilled Street Corn Relish, Cucumber Slices, Roasted Red Peppers **9.5**

♥ **HAWAIIAN AHI TUNA**
Sesame Crusted Seared Tuna, Champagne Vinaigrette Dressed Greens, Shredded Carrot, Wasabi Aioli Drizzle **12.5**

**MID-ATLANTIC SEAFOOD RISOTTO**
Shrimp, Crab, and Bay Scallops in Lemon Herb Risotto, topped with Sautéed Shrimp **13.5**

**SOCAL MUSSELS**
Steamed Mussels, White Wine & Butter Sauce with Sriaracha Sauce, Ginger & Shallots, Grilled GF Roll **13**

## WINGS & THINGS
*Everything Buffalo*

**BUFFALO, NY WINGS**
Served with Celery, Carrots & Bleu Cheese
**10 Wings for 10.5 | 20 Wings for 19.5**
*Mild, Hot, Crazy Hot, Cajun Dusted, Jerk Seasoned and Bee Sting*

★ **BUFFALO CHICKEN DIP**
Shredded Chicken, Blended Cheeses, Buffalo Sauce, Carrots and Celery **9.5**

## SOUPS
*Hot & Delicious*

**AMERICAN STOUT ONION**
Georgia Vidalia Onions, Craft Stout & Beef Broth. Topped with Swiss and Provolone Cheese **Bowl 6.5**

★ **JERSEY TOMATO SOUP**
Drizzled with Basil Oil
**Bowl 6.5 | Cup 5**

## SALADS
*Cold & Fresh*

*Add Ons: Grilled Chicken 4, Flank Steak 6, Shrimp, Salmon or Sesame Tuna 7*

♥ **VENICE BEACH POWER SALAD**
Baby Kale, Chopped Romaine, Red Cabbage, Hemp Seeds, Dried Cranberries, Avocado, Toasted Chickpeas, Lemon Honey Vinaigrette **12.5**

★ **LIBERTY UNION SALAD**
Mixed Greens, Sliced Pear, Crumbled Bleu Cheese, Red Onion, Candied Walnuts, Black Pepper Vinaigrette **11**

**WEDGE SALAD**
Iceberg Lettuce, Diced Tomatoes, Bacon, & Crumbled Bleu Cheese. Served with Bleu Cheese Dressing **11.5**

♥ **ROASTED BEET SALAD**
Crumbled Goat Cheese, Candied Walnut, Mixed Greens, Champagne Vinaigrette **10.5**

*Choose Your Dressing: Ranch, Bleu Cheese, Thousand Island, Caesar, Honey Mustard, Black Pepper Vinaigrette, Balsamic Vinaigrette, Champagne Vinaigrette, Lemon Honey Vinaigrette*

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## SANDWICHES

*'Wich do you Choose?*

*Served with Deli Pickle and your choice of Pub Fries, Coleslaw, or Vegetable of the Day. (Tater Tots, Sweet Potato Fries, Side Salad +1.5)*

★ **SAN DIEGO CAPRESE CHICKEN**
Grilled Chicken, Sliced Tomato, Fresh Mozzarella, Basil, Avocado, Balsamic Reduction, GF Roll **13**

**CHICKEN SALAD SANDWICH**
Chicken Salad, Bacon, Lettuce, Tomato, GF Roll **12**

**MEMPHIS BBQ BEEF BRISKET**
Braised Beef, BBQ Sauce, Cheddar Cheese, Coleslaw, GF Roll **14.5**

## BURGERS

*Handformed and Never Frozen*

*Served with Deli Pickle and your choice of Pub Fries, Coleslaw, or Vegetable of the Day. (Tater Tots, Sweet Potato Fries, Side Salad +1.5)*

**CLASSIC AMERICAN BURGER**
Traditional Burger, American Cheese, Lettuce, Tomato, Red Onion, GF Roll **13**

**BUTCHER BURGER**
Topped with BBQ Brisket, Cheddar Cheese and Coleslaw, GF Roll **14.5**

★ **LIBERTY UNION BURGER**
Topped with Fried Egg 'Over Easy,' Sautéed Spinach, Bacon, American Cheese, GF Roll **14**

♥ **BLACK BEAN BURGER**
Black Beans and Seasoned Vegetable Blend, Topped with Avocado, Lettuce, Tomato, Red Onion, GF Roll **11**

## ENTREES

*Hot & Delicious*

**TEXAS RIB EYE**
Grilled 14oz Bone-in Ribeye Steak, Sautéed Onion, Garlic Whipped Potato, Seasonal Vegetable **24**

**SOUTH CAROLINA SHRIMP & GRITS**
Blackened Shrimp, Cajun Beurre Blanc Sauce, Smoked Gouda Grits, Sautéed Spinach **19.5**

♥ **WICKED GOOD TUNA**
Sesame Crusted Sushi-Grade Tuna Steaks, Coconut & Black Bean Rice and Seasonal Vegetables **21**

♥ **FLORIDA JERK CHICKEN**
Jerk Seasoned Chicken Breasts, Tropical Fruit Salsa, Coconut and Black Bean Rice. Served with Seasonal Vegetables **17**

**PACIFIC COAST SALMON**
Parmesan & Hemp Seed Encrusted Salmon, Avocado Dijonnaise, Seafood Risotto, Sautéed Spinach **21**

★ **BAJA FISH TACOS**
Grilled Mahi-Mahi, Corn Tortillas, Avocado, Coleslaw, Jalapeño Aioli. Served with Coconut and Black Bean Rice **17.5**

♥ HEART HEALTHY
★ LIBERTY FAVORITE

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*

### CATERING TO YOU

Liberty Union offers on and off premise catering for businesses, organizations and parties! Contact Us for more information!

**ChesterSprings@LibertyUnionBar.com**
**Kimberton@LibertyUnionBar.com**